

JOIN THE YOUTH THAT PROMOTE WELLNESS

Email us at myforestharmoney@gmail.com

We're seeking high schoolers interested in leadership, community service, and promoting wellness. We are looking for new chapter leads, directors, social media managers, and more.

Using scientifically proven methods to reduce stress and anxiety



A local organization offering stress management workshops and guided forest bathing walks



Inclusive STEM initiatives for underrepresented racial, low-income & underserved groups



@forestharmoney

www.forestharmony.org